## Rule 7. Pleadings Allowed; Form of Motions and Other Papers

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## (b) Motions and Other Papers.

- (1) In General. A request for a court order must be made by motion. The motion must:
  - (A) be in writing unless made during a hearing or trial;
  - (B) state with particularity the grounds for seeking the order; and
  - **(C)** state the relief sought.

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